

A close-up photograph of a woman with voluminous, curly brown hair. She is wearing a light-colored, textured knit sweater and a necklace with a star pendant. She is gently kissing a baby on the forehead. The baby is wearing a white long-sleeved shirt and has their hand near their mouth. The woman's hand is resting on the baby's head, and she is wearing a ring on her finger. The background is softly blurred, showing what appears to be a window with light-colored curtains.

**ARC COMMUNITY SERVICES, INC.**  
**2022 ANNUAL REPORT**

**Reclaiming  
Women's Lives  
Building Healthy  
Families**

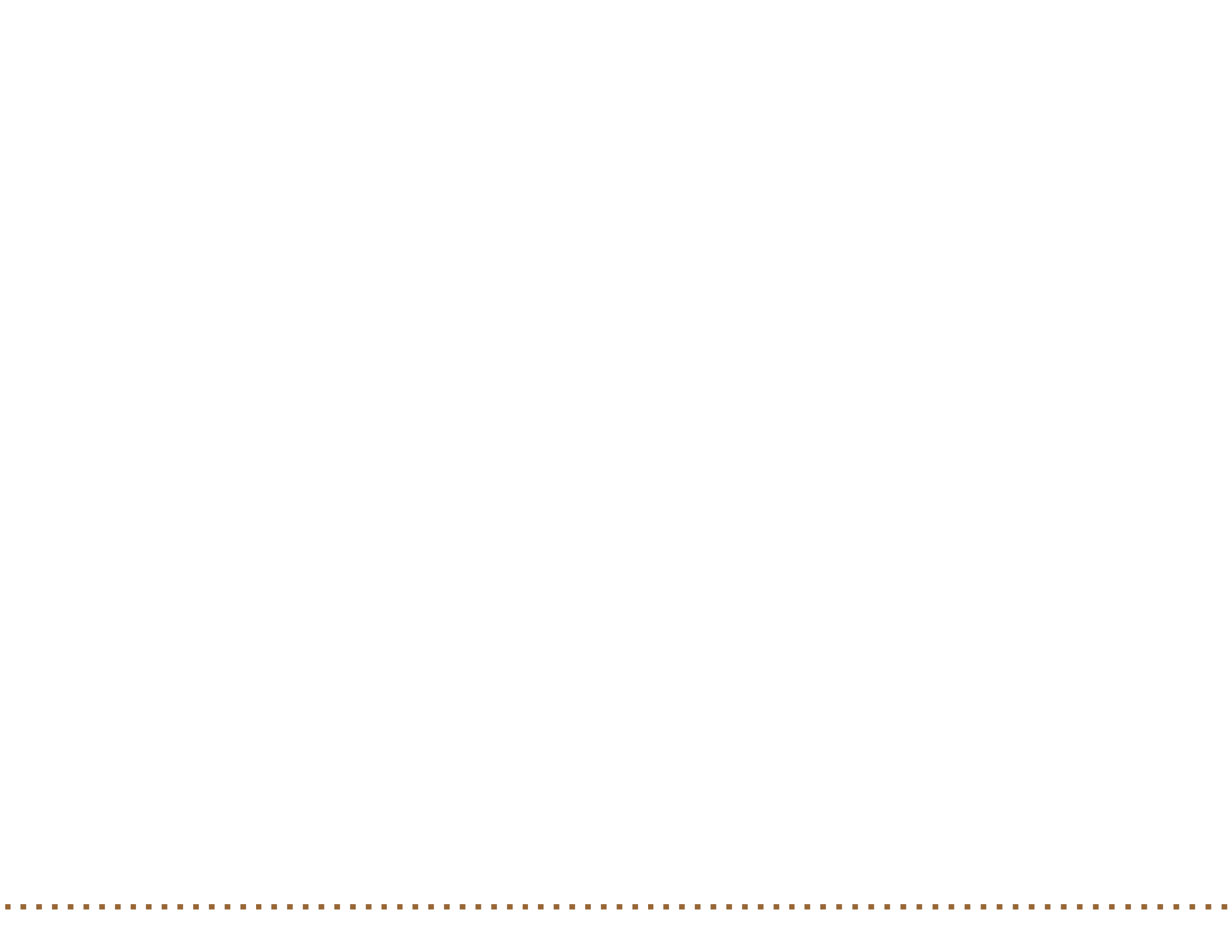
# ABOUT THE ORGANIZATION

## *Specializing in Women-Responsive Services*

Since 1976, ARC Community Services, Inc. has been dedicated to helping women reclaim their lives, gain awareness of their personal self-worth, and be empowered to make the changes necessary to improve their welfare along with that of their children and families. ARC is a private, non-profit 501(c)(3) statewide agency based in Madison, WI serving high risk, marginalized women and their families statewide and addresses racial, economic and health disparities.

ARC helps women through community-based, integrated, multidisciplinary services provided within the family context, especially the mother-child bond, along with advocacy to promote the system-wide adoption of women-responsive approaches to improve successful outcomes for women and their families.

- Women-responsive substance use disorders treatment, including residential, day treatment and outpatient services, focused on the mother-child bond, for adult women with their children and pregnant/postpartum women and their infants.
  - Community diversion on a residential and outpatient basis of adult women as well as pregnant and postpartum women from the criminal justice system while providing for community safety.
  - Specialized Trauma-Informed recovery services for survivors of prostitution and human trafficking.
  - Specialized services for pregnant/postpartum women and their infants targeted at promoting the mother/child bond, with healthy attachment, healthy births and development and healthy family functioning.
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# OUR CORE VALUES

Woven throughout every program and service are the core values that guide everything we do:

**WOMEN-RESPONSIVE**: Creation of a safe environment through site selection, staff selection, program development, context, and material that reflects an understanding of the reality of women's lives and is responsive to their issues. Women-specific services address women's specialized treatment issues/needs and their barriers to recovery and are compatible with women's orientations and is safe from exploitation; considers women's roles, socialization and relative status within the larger culture.

**TRAUMA-INFORMED APPROACH**: Agency staff are aware of the prevalence of trauma among the women ARC serves and knowledgeable about the ways in which trauma impacts the women's lives and affects their recovery. ARC recognizes and responds to symptoms of trauma, actively avoids re-traumatizing women, educates women about the impact of trauma, and assists women in addressing the effects of trauma in their recovery plans.

**RELATIONAL MODEL**: ARC draws on this model of women's self-development, pioneered at the Stone Center, Wellesley College, to explain the importance of relationships in a woman's life in the process of her recovery. It emphasizes the centrality of relationship for women, considers their role as caretakers/givers, develops women's support networks in the community, stresses the use of positive peer group development and women's strengths, and addresses current relationships, especially children and family, as a means to recovery.

**FAMILY-CENTERED**: This service approach acknowledges the influence and importance of family, especially children, to the recovery of women and encourages family involvement when appropriate and addresses family issues in the woman's treatment program.

**SAFETY**: Programming that provides for women and children's safety by maintaining a women-responsive, child friendly treatment environment/culture/climate that is welcoming.

**ADDRESSING DISPARITIES**: ARC programs have been committed to the elimination of racial and economic disparities by identifying and reaching out to communities of low-income women and their children of diverse ethnic and racial groups who are not usually served by mainstream programs. Our strategy is a "two-generation" approach that focuses on increasing the health and developmental readiness of at-risk children, while at same time addressing the income, employment, housing security, child care, health, and parenting information needs of their families.

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## WHAT DOES SUCCESSFUL DISCHARGE MEAN?

- Women tested free of any illegal substance for at least 30 days before discharge
  - Women were living in a safe environment
  - Women were attending support groups in the community
  - Women were employed, actively seeking employment, in school or otherwise had a stable sufficient income
  - Complying with any applicable rules if involved in community corrections
  - Had completed at least 60% of their treatment goals
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# OUR 2022 PARTICIPANTS: OUTPATIENT

ARC CENTER FOR WOMEN & CHILDREN	ARC HEALTHY BEGINNINGS	ARC COMPREHENSIVE OUTPATIENT SERVICES
38 Women Served	16 Women Served	141 Assessments were completed
70% of women served were successfully discharged. The remainder were referred to a higher level of care	5 Women were pregnant at the time of admission	53 Women Served in the Intensive Outpatient Group
	5 drug-free births occurred while in treatment	72% of the women discharged were discharged successfully
	50% of women served were successfully discharged	

Ages: 18-72 with an average age of 22

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# OUR 2022 PARTICIPANTS: DIVERSION

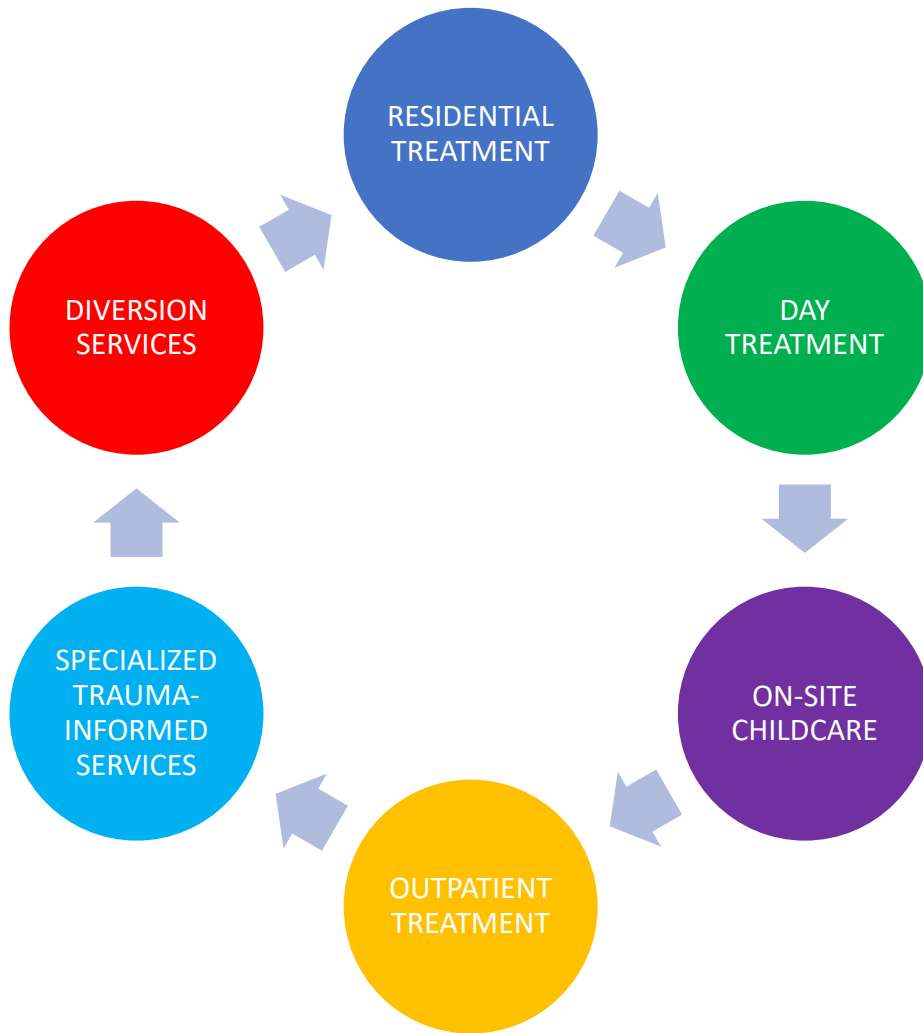
ARC DRUG COURT DIVERSION/ARC DRUG TREATMENT COURT

16 Women Served

50% of those Discharged were Successful

“The staff have been patient, kind, empathetic and caring”

# TREATMENT SETTINGS



**RESIDENTIAL TREATMENT:** Five residential facilities with a total of 69 beds serves 270 women and 30 infants and provides 24-hour care, 7 days a week.

**DAY TREATMENT:** Served 90 women for 24 hours weekly of group and individual services for an average of 4 months and allows women to remain in the community with their families.

**ON-SITE CHILDCARE:** For up to 15 children, birth through 5 years of age, as well as community childcare placement, child/family therapy, parenting for the mothers and substance use disorders prevention services for the children.

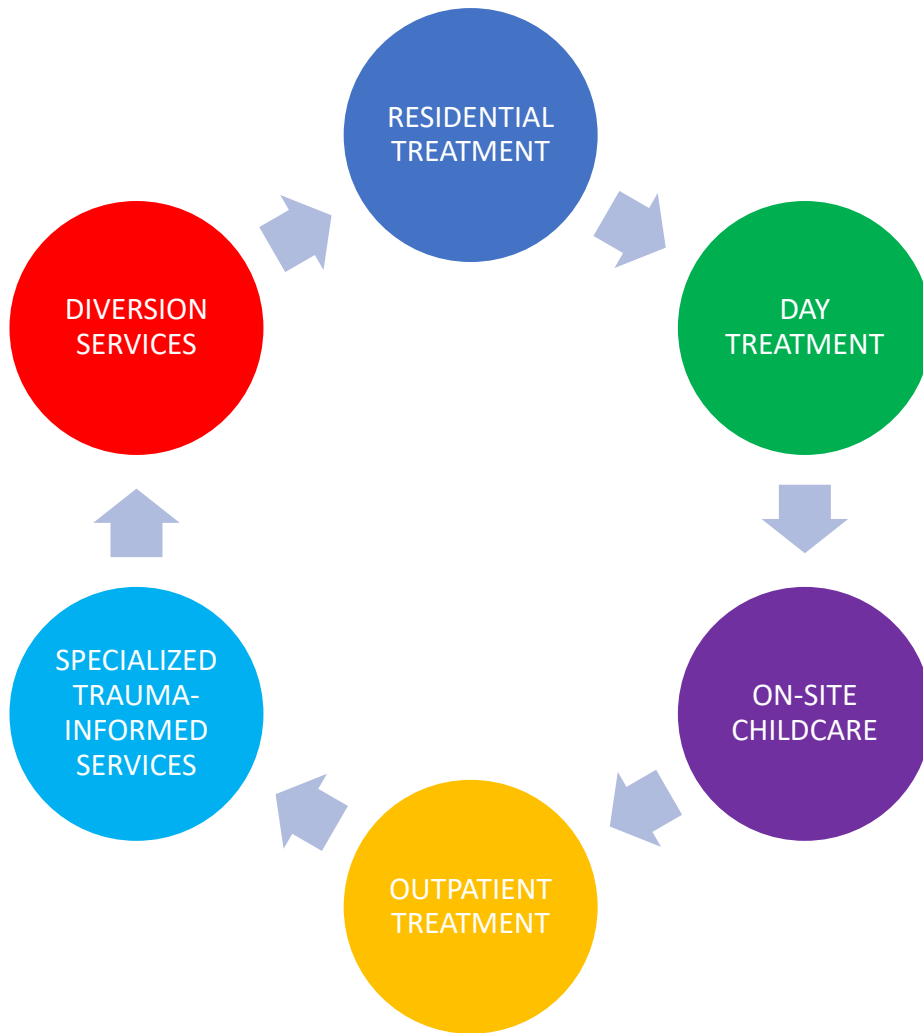
**OUTPATIENT TREATMENT:** Served 40 women for up to 10 hours weekly of individual and group counseling for an average of 3 months.

**DIVERSION SERVICES:** Provided services for 36 women for up to 12 months.

**SPECIALIZED TRAUMA-INFORMED SERVICES:** Served 148 persons.



# TREATMENT SETTINGS



## CHILDREN

Pregnant, postpartum and parenting women are prioritized. Children can be placed in the on-site childcare center and/or infants up to one year of age with their mothers in residential.

Services are not only women-specific, but also family-centered. Families received the following:

- FASD Education and Interventions
- Parenting education and child development evaluation (Ages & Stages)
- Health education including smoking cessation and nutrition
- Prenatal/postpartum medical care coordination and education
- Child centered play therapy
- Child/Family therapy
- Family counseling and education groups
- Reunification services
- Mom & Me focusing on child/parent interactions and education

# AGENCY SERVICES

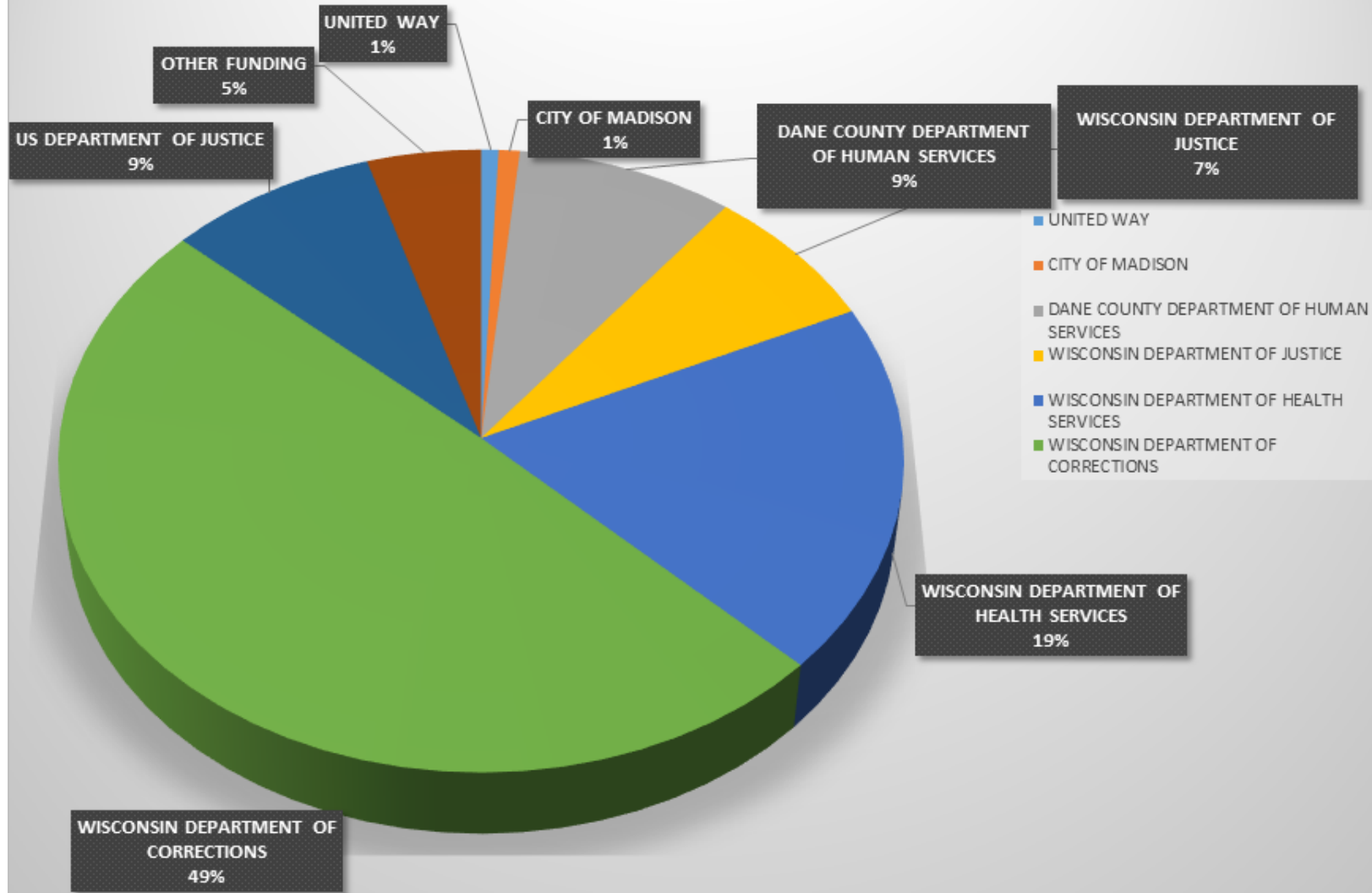
All services utilize State and Federal Best Practices Standards and Evidence-Based Models and all are Women-Responsive

<p>Prenatal and Postpartum Care Coordination Women's Health Education Fetal Alcohol Spectrum Disorders     Prevention and Intervention Parenting Enhancement:</p> <ul style="list-style-type: none"><li>• Education (baby basics and young children)</li><li>• Individual case planning and counseling</li><li>• Parenting Group</li><li>• Mom &amp; Me Group/Mother/Child bonding facilitation groups</li><li>• Developmental Assessments</li><li>• Child Visits</li><li>• Child/Family Therapy</li><li>• Childcare (licensed childcare facility onsite and childcare coordination in the community)</li></ul> <p>Substance Use Disorders Recovery:</p> <ul style="list-style-type: none"><li>• Pre-Entry Stabilization</li><li>• Education</li><li>• Assessment</li><li>• Treatment Planning</li><li>• Individual Counseling</li><li>• Group Counseling</li><li>• Relapse Prevention Skills &amp; Training</li><li>• Family Education</li><li>• Continuing Care Planning</li></ul> <p>Mental Health Services:</p> <ul style="list-style-type: none"><li>• Trauma Healing, Group &amp; Individual Work</li><li>• Symptom Management</li><li>• Psychiatric Evaluation</li><li>• Medication Checks</li><li>• Education</li></ul>	<ul style="list-style-type: none"><li>• Facilitation of Client Prescription Assisted Programs</li><li>• Domestic Violence</li><li>• Sexual Abuse</li><li>• Sexual Victimization</li></ul> <p>Cognitive Interventions &amp; Skill Building Anger Management Healthy Relationships Group and Individual Counseling Prostitution &amp; Human Trafficking Intervention Educational Opportunities (GED) Vocational Case Management and Facilitation of Wrap-Around Meetings</p> <p>Addressing:</p> <ul style="list-style-type: none"><li>• Financial Issues</li><li>• Housing</li><li>• Medical, Mental and Dental Care</li><li>• Employment</li><li>• Legal Issues</li><li>• Benefits Enrollment</li><li>• Transportation</li><li>• Community Monitoring</li></ul> <p>Group &amp; Individual Leisure Time Shared Living Responsibilities:</p> <ul style="list-style-type: none"><li>• Menu Planning &amp; Meal Preparation</li><li>• Life Skills Training</li><li>• Problem Solving</li><li>• Financial Recovery Skills</li></ul> <p>Addresses Criminogenic Factors Stage Process Incorporating Privileges &amp; Consequences Resident Council</p>
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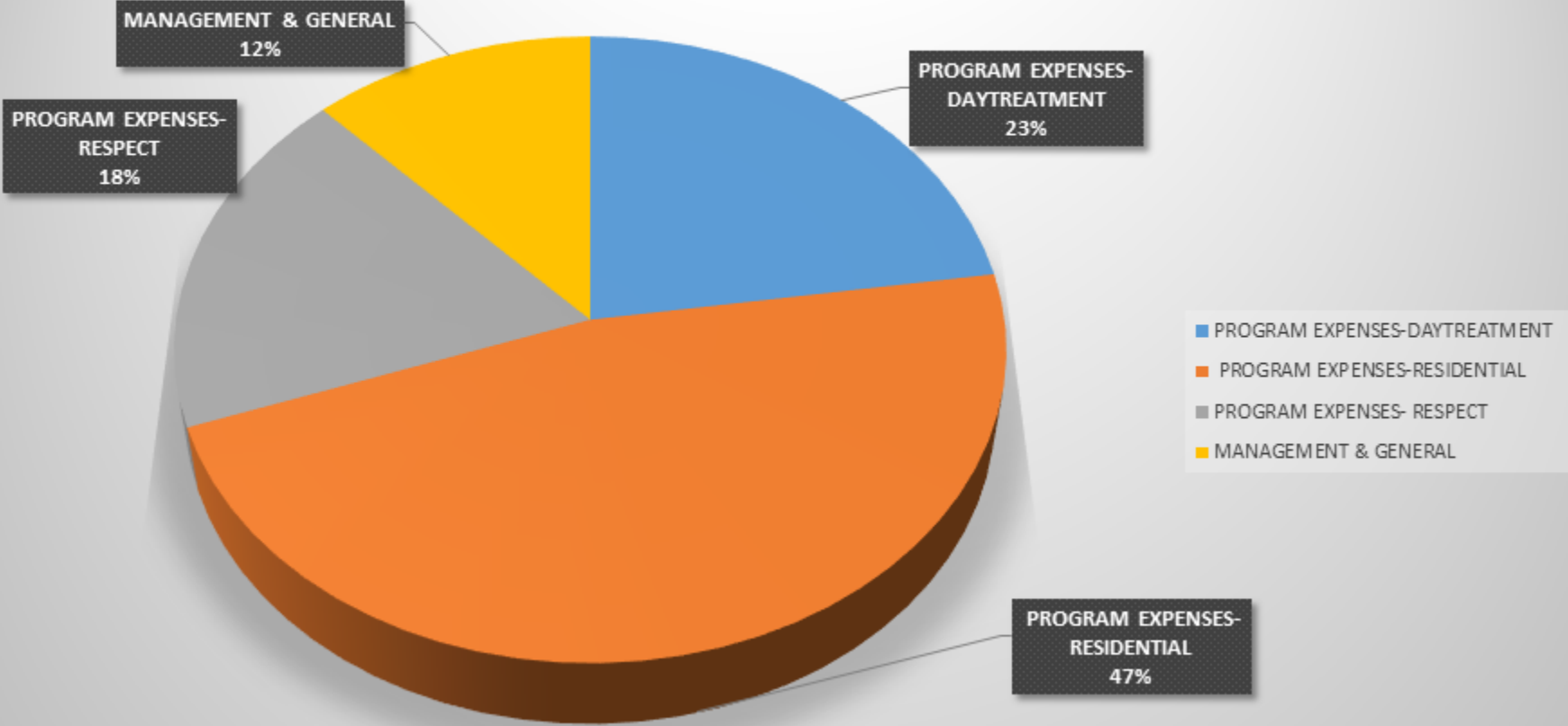
# FINANCIAL HIGHLIGHTS

## ARC COMMUNITY SERVICES, INC. AGENCY REVENUE FOR YEAR ENDING 06.30.2022



# FINANCIAL HIGHLIGHTS

## ARC COMMUNITY SERVICES, INC. AGENCY EXPENSES FOR YEAR ENDING 06.30.2022



**United Way  
of Dane County**



**The power of many. Working for all.**

*ARC Community Services, Inc.* is proud to be a part of United Way of Dane County, which means we have met the high standards set by United Way volunteers, and are targeting our services at critical needs identified in our community.

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# SUCCESS STORY



Tasha entered ARC's Center for Women and Children program in order to work on her substance use and parenting. Tasha is a mother of four children, three sons and one daughter. Her oldest sons, Jermaine and Anthony are twins, and they are almost nine years-old and her youngest son, Daniel is three-years old. Tasha made the brave decision to put her youngest child, Ava, up for adoption when she was born. Tasha knew at the time that she could not provide Ava the life she wanted for her. Currently, Ava is one-year old and Tasha sees her once a month and has open communication with her adoptive family.

While Tasha was in treatment at ARC, she worked with a substance use counselor, attended treatment groups, completed the Circle of Security parenting education group facilitated by ARC's child and family therapist, received case management services, and worked with a recovery coach. Tasha requested to see the Child and Family therapist to work on both her relationship with her children and father and find supportive services for her sons, who were struggling with anger at home and at school. The Child and Family Therapist started seeing the whole family (Tasha, her father, and her 3 sons) for family therapy sessions on a weekly basis, and subsequently started seeing each of the children for individual sessions as well. As one can see, Tasha wants the best for all her children and chooses to surround her boys with support.

Tasha's goals for family therapy and the boys' individual therapy revolve around the boys building their social-emotional skill set in order to be successful in daily life and in school, developing their self-esteem and strengthening the family bond. The boys, Tasha, and the grandfather have learned grounding and mindfulness exercises in sessions and practice these frequently. By practicing deep breathing exercises, the boys are able to manage their self-regulation if something were to come up, either at school or at home. To further teach self-regulation and anger management, the Child and Family therapist has introduced the boys to the anger thermometer. This is a way to give them a colorful visual on what their anger looks like and how they can deescalate. Every week, the Child and Family therapist reminds the boys, either in family or individual sessions that they have the tools they need to regulate their emotions. Utilizing puppets in play-based therapy, the Child and Family Therapist is able to model empathy, kindness and emotion regulation. Incorporating puppets into the family's treatment has been beneficial, especially when teaching the boys appropriate social interactions such as eye contact, listening skills, problem-solving, sharing, respect and patience. All of these skills are needed both at school and at home. Many sessions included the Child and Family Therapist reading books to the family, as a way to promote social-emotional literacy. Reading further develops the boys' vocabulary, word recognition and love of books and learning at the same time. The boys normally cuddle around Tasha with blankets when reading happens in sessions. This further helps strengthen the mother-child attachment and helps the boys regulate their emotions. The Child and Family therapist encourages Tasha and her father to praise the boys and give them positive affirmations daily, in order to improve their self-confidence.

Tasha is a present, engaged mother who has goals and desires, not only for herself but also for her children. Tasha is currently in safe housing, has not used substances for over a year, and is gainfully employed. She is currently looking for safe, affordable housing where she and her children can all live together. Tasha's children have made incredible progress during their time with the Child and Family therapist as well. Tasha, her father, and the boys' teachers have all noticed a significant change in the boys behaviors and they now have the skills and support to be successful.



## AGENCY PROJECTS

ARC CENTER FOR WOMEN & CHILDREN

ARC HEALTHY BEGINNINGS

ARC COMPREHENSIVE OUTPATIENT SERVICES

ARC DRUG COURT DIVERSION PROGRAM

ARC DRUG TREATMENT COURT

ARC CHILDCARE

ARC HOPE PROJECT

ARC HOUSE

ARC DAYTON

ARC MATERNAL & INFANT PROGRAM

ARC FOND DU LAC

ARC MILWAUKEE WOMEN'S PROGRAM


RESPECT PROJECT ON PROSTITUTION

ARC SERVICES FOR VICTIMS OF HUMAN TRAFFICKING

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# ARC OUTPATIENT PROGRAMS

All ARC outpatient programs are certified by the Wisconsin Department of Health Services and utilize Federal Best Practices Standards and Evidence-Based Models and are Women-Responsive



**“I feel like I could come back  
to open arms of help if I  
needed to”**





## ARC WOMEN'S BEHAVIORAL HEALTH

ARC outpatient programs provide women-responsive, family-focused, culturally competent and trauma-informed care to women with substance use and co-occurring disorders in Dane County and surrounding counties. Programming is comprehensive and based on best practices and current research, with a specific focus on pregnant and post-partum women and their children. Each woman creates her own unique treatment plan and determines who will be involved in her care.

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# ARC CENTER FOR WOMEN & CHILDREN



Opening in 1989, the ARC Center for Women & Children was originally the state demonstration project “Model Women’s AODA Treatment Program” and part of the 1989’s ACT 339 Omnibus Drug Bill. CWC is a certified, women-specific, alcohol and drug abuse day treatment program. Designed to address the barriers to treatment, we offer on-site childcare for up to 15 children, 0 through 6 years of age; community childcare placement; child/family therapy; and parenting education for the mothers and prevention services; case management services that address stabilization needs prior to entry and assistance in the development of a stable lifestyle, including obtaining employment, clothing, food, safe housing, and medical attention. Participants in the program receive educational and treatment services up to 5 days per week. Services are designed to provide treatment within the family context, particularly the mother/child bond, increasing successful treatment outcomes while improving the welfare of the children.

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# ARC HEALTHY BEGINNINGS

The ARC Healthy Beginnings program opened in 1994 as a Federal demonstration project to implement an ideal treatment model for the recovery of pregnant and postpartum women affected by substance use disorders. This program provides women with a full-time, 24-hour a week day treatment program throughout their pregnancy and following the birth of their baby. Transportation and noon meals are provided. Babies are enrolled in the on-site licensed childcare center 2 weeks after their birth and during the period the mother is enrolled in the treatment program. A treatment team of



psychotherapists, child and family therapist, health educator and licensed childcare staff provide the program services that are designed to provide increased access to prenatal care to decrease the likelihood of birth complications, encourage recovery in a supportive manner while addressing the mother/child bond and enhancing maternal attachment. Parenting support is provided to assist in stopping the cycle of child abuse and neglect and to increase family intactness and healthy family functioning. The Circle of Security, an evidence-based multi-media program, is facilitated by the

Child and Family Therapist and has produced significant improvements in mother-child bonding with new mothers and mothers with multiple children.

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# COMPREHENSIVE OUTPATIENT SERVICES FOR WOMEN & THEIR FAMILIES

This project was awarded in January of 2012 as one of 6 projects funded statewide by the Department of Health Services as a Statewide Urban/Rural



Women's Alcohol and Other Drug Abuse Treatment grant. COSWF provides comprehensive assessment services, case management, transitional housing, integrated treatment and trauma programs, intensive outpatient services and increased treatment flexibility to improve the success of women and their families in their ability to achieve health, intact family functioning. The COSWF treatment group is an intensive outpatient group provided for 3 hours per evening, 3 evenings a week.

This group provides many of the program elements of the day treatment service for women who can benefit from this level of care as their primary treatment experience or who have completed a more intensive program at ARC or elsewhere and need this continuing care.



# ARC DIVERSION PROGRAMS

## How Do We Measure SUCCESS?

Women who successfully discharge from these programs:

- Have successfully completed a drug treatment program
  - Have been drug free for a minimum of 60 consecutive days before discharge
  - Have had no further contact with the criminal justice system
  - Have completed a cognitive interventions program at ARC
  - Made progress in completing treatment plan goals
  - Are employed or actively seeking a source of legal income
  - Are living in a safe and supportive environment
-

# DRUG COURT DIVERSION PROGRAM

Under a contract with the Dane County Department of Human Services, the DCD provides case management services for female offenders with substance use disorders. The project provides for the diversion of individuals with drug-related crimes from the criminal justice system, especially the Dane County Jail, and Probation & Parole through the provision of intensive case management and community-based AODA treatment services. Participants have been assessed by the court system as at medium risk for re-offending, are required to check-in with their case manager daily at the beginning of the program and less often as they progress. Each participant is also required to undergo drug screening regularly. Program duration is a minimum of 9 months.

**“ARC Staff is very supportive of all clients”**

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# DRUG TREATMENT COURT

This project provides women-specific case management services for women enrolled in Dane County Drug Treatment Court under a contract with the Dane County Department of Human Services. Like the Drug Court Diversion Program, DTC is a coordinated effort intended to interrupt female offenders' criminality by coordinating criminal justice and addiction interventions in order to divert women with AODA issues who would otherwise be jailed in the overcrowded criminal justice system. Participants have been assessed by the court system as at high risk for re-offending and have committed a felony drug-related crime. These women too are required to check in with their Case Manager daily at the beginning of the program and less often as they progress.



**“A wonderful, non-judgmental  
experience”**

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# ARC HOPE PROJECT



The Hope Project is a State Opioid Response grant awarded at the end of 2018. The target population to be served by this grant is adult women residing in Dane County and portions of Columbia, Iowa, Rock and Sauk that are adjacent to Dane. Pregnant women and women using drugs intravenously are the first priority. This program provides referral to treatment for individuals with opioid overdoses. ARC employs a Community Recovery Specialist (CRS) or Certified Peer Support Specialist to do that outreach. The CRS also engages in in-reach to the jails in the target counties to identify individuals in the target population. The grant also employs a certified

counselor to conduct both outreach and assessment of individuals in community locations- taking the service to the people who need it.

ARC uses the “Hub and Spoke” model to provide services. Our outpatient clinic serves as the “hub” providing all levels of care from outpatient through residential as necessary. Women needing intensive outpatient, day treatment or residential, services that are not usually available in the rural areas of the county, receive those services at our facility when warranted. Staff also contract with health care professionals, the “spokes” waived to provide buprenorphine products or naltrexone products for the woman to insure continuity of care beyond receiving the acute services. Continuing care is arranged with a local provider where available. We use the recommendations in SAMHSA’s Clinical Guidance for Treating Pregnant and Parenting Women with Opioid Use Disorders and Their Infants (2018) as a benchmarking document for assessing the contracting providers as well as our own services.

Sixty-three women were served by the Hope Project in 2021.

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# ARC SPECIALIED TRAUMA-INFORMED RECOVERY SERVICES FOR SURVIVORS OF PROSTITUTION & HUMAN TRAFFICKING

ARC Specialized Trauma-Informed Recovery Services specialize in providing individualized and trauma-informed services for marginalized populations, namely victims of sex trafficking and persons involved in prostitution.



# PROJECT RESPECT

RESPECT addresses local prostitution in the City of Madison and Dane County by providing diversion services on an outpatient basis including outreach, counseling, intensive case management, crisis intervention, advocacy, vocational education, peer support, transitional housing and referrals to vital services to victims of sexual exploitation and prostitution since 1981. RESPECT also emphasizes prevention and early intervention by encouraging community self-referrals. RESPECT is designed to do the outreach necessary to access this



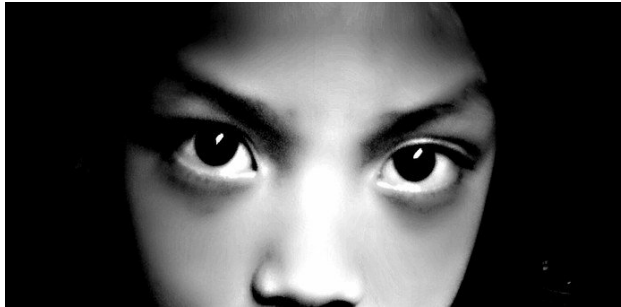
difficult-to-reach population to offer viable alternatives and move them into essential community services. A peer advisory group of formerly prostituted women assists with program design and functions as an advanced program activity. All activities focus on building self-care, awareness, empowerment and pride in accomplishments by offering alternatives to build healthier lives. RESPECT facilitates a Coordinated Community Response (CCR) team addressing commercial sexual exploitation of children. RESPECT has developed an intensive trauma-informed, victim-centered peer support model

that promotes safety and successful utilization of community resources through a multi-faceted response to their needs through intensive case management. Today, 75% of the women served have self-referred. Since the 1990's RESPECT has been a member of the Coalition Against Trafficking in Women, a United Nation's non-governmental organization that has led the effort to end sex trafficking. In 1998, CATW recognized RESPECT, along with groups in Minneapolis, Chicago, San Francisco and Portland, as U.S. groups that truly work to help women out of prostitution and create sustainable alternatives in their lives.

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# ARC SERVICES FOR VICTIMS OF HUMAN TRAFFICKING

This project, an offshoot of the RESPECT Project on Prostitution, identifies and provides comprehensive case management and specialized mental health services to adult and juvenile victims of sex trafficking in Dane County and adjoining counties in the area served by the U.S. District Court for the Western District of Wisconsin. The project is funded by the U.S. Department of Justice office for Victims of Crime. With additional staff and resources, RESPECT Case Managers develop comprehensive individualized service plans for both adults and youth that attend to victims' short-term and long-term service needs. Other staff provide systems coordination, legal advocacy, training, and reporting. Through agreements and other programs within ARC, this project provides crisis intervention, group educational support, emergency shelter, family reunification (if appropriate) and life skills training for juveniles. The project uses a variety of free resources for shelter and sustenance, including free shelter care and short-term house placements. Supplemental housing and support for basic needs are provided to promote housing stabilization, nutrition and health/hygiene. Other services include medical and dental care, treatment for mental and substance use disorders, interpreter services, legal services, literacy education, job training, employment and transportation assistance. Many victims of human trafficking have been undetected in the service areas. The support for multidisciplinary and interagency coordination to improve identification of victims and enhance service delivery to victims, training and technical assistance to human services providers and law enforcement, and coordinated community response with law enforcement and prosecutors fills an unmet need. In addition to providing direct services for victims, the project offers training on best-practices for serving victims of human trafficking.



# ARC RESIDENTIAL PROGRAMS

All ARC residential programs are certified by the Wisconsin Department of Health Services and utilize Best Practices standards and Evidence-based Models and are Women-Responsive

**“I have learned so much  
and feel more  
empowered”**

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# ARC HOUSE

ARC House is the original project and flagship of the agency, and has been in continuous operation since 1976. ARC House is a 15 bed State certified Medically Monitored Substance Use Disorders Treatment Facility for women who are referred by the Wisconsin State Department of Corrections. These women have substance use disorders and are at a high risk for reoffending. They typical stay is 3 to 6 months. ARC House is licensed both as a community DHS 83 and a treatment facility under DHS 75. All clients receive women-specific program services which address substance use disorders and criminality. There is an emphasis on addressing trauma, including physical and sexual abuse, unhealthy or abusive relationships, physical and mental health problems, anger/stress management, employment and money management, living skills, child custody and mother and child unification issues. This is delivered through individual and group sessions with treatment staff. ARC House is staffed 24 hours a day and consist of a Program Manager, Certified Substance Use Disorders Counselor, Social Worker, Case Managers and Support Staff.



# ARC DAYTON

ARC Dayton is a 13-bed residential substance use disorder facility for women. The facility opened in 1990 as a minimum-security residential program for women. ARC Dayton currently serves women under supervision of the Wisconsin Department of Corrections. Additionally, ARC Dayton provides residential substance use disorders treatment to women with qualifying Medicaid benefits as well as Dane and other Wisconsin county human services departments. ARC Dayton is a licensed community based residential and licensed substance use disorder treatment facility. ARC Dayton provides trauma-informed, women-program services addressing substance relapse prevention, assessment, planning and continuing care, cognitive family and relationships, DBT skills, health care, collaboration with providers, employment and money needs, healthy leisure time activities, supporting family reunification and parenting education. Women participate in individual and group counseling. ARC Dayton has a full-time staff consisting of a Program Manager, Substance Use Disorder Counselor, Social Worker and a Case Manager.

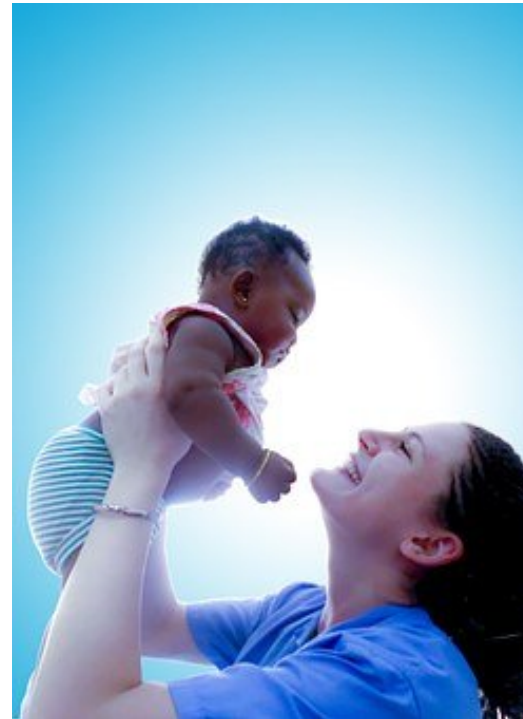


specific use disorders, treatment interventions, referrals for community management



# ARC MATERNAL & INFANT PROGRAM

ARC MIP is a licensed, community based residential facility for 12 adult pregnant/post-partum women and their infants. Since 1993, MIP has provided parenting education, intensive case management as well as disorders treatment for women offenders. to enhance the mother/child bond in a safe, stimulating environment. MIP recognizes the early mother/child relationship for the recovery of the offender while also helping patterns of intergenerational criminal the children. MIP is a certified treatment substance use disorders. The program is 6 ideally starting in the woman's last trimester through the first 3 months after birth. already delivered may still benefit from the infant is less than 1 year of age on the date of entry into the program. Of the 12 beds, two are reserved to provide residential services to women referred by county human service departments. MIP's staff includes a Program Manager, Parenting Specialist, Social Worker, Substance Use Disorders Counselor and Case Manager. **32 Women Served; 20 Babies Served; 12 Successful Completions; 8 Volunteer Baby Holders; 4 Interns**



substance use  
MIP is designed  
supportive, and  
the importance of  
long-term  
to address the  
involvement with  
facility for  
months long,  
of pregnancy  
Women who have  
program if their

Of the 12 beds, two  
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MIP's staff includes a Program Manager, Parenting Specialist, Social Worker, Substance Use Disorders Counselor and Case Manager. **32 Women Served; 20 Babies Served; 12 Successful Completions; 8 Volunteer Baby Holders; 4 Interns**

# ARC FOND DU LAC

ARC Fond du Lac, a 16 bed State certified, residential substance use disorders treatment facility for female correctional clients under supervision by the Wisconsin Department of Corrections. The length of stay is from 4 to 6 months. ARC Fond du Lac specializes in serving women referred as an alternative to revocation. The program, like all ARC programs, is designed in response to the special needs of the female offender so as to empower women to make responsible life choices. In addition, it incorporates the residential elements of a structured living situation with accountability measures; case management emphasis with related phase system of increasing privileges; cognitive behavioral skills building program; and a community-based program to provide for the development of a strong community support system for each woman and her family.

ARC Fond du Lac provides women-specific program addressing each woman's individual needs, including restructuring, unhealthy and abusive relationships, mental and physical health needs, employment and counseling, health leisure time activities, parenting substance abuse disorder counseling and relapse



services  
cognitive  
referrals for  
budgeting  
education,  
prevention,

trauma and abuse education, and anger management. ARC Fond du Lac has a Program Manager, Substance Use Disorders Counselor, Mental Health/Substance Use Disorders Counselor, Vocational Case Manager, Family and Relationship Counselor, and an Overnight Counselor. Served 64 women; 33 successful completions. We had 2 interns on staff from UW Oshkosh and 2 community volunteers.

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# ARC MILWAUKEE WOMEN'S PROGRAM

In 2013, the Wisconsin Department of Corrections awarded ARC a grant to operate a 13-bed residential substance use disorders treatment facility in Milwaukee for women. A licensed community based residential admitted the first Women's in the Walker's Program serves supervision of the substance use disorder and who need residential level treatment. The program length is three to six months. Successful discharge is contingent upon a resident achieving treatment plan goals. The program is staffed with a full-time Program Manager, Substance Use Disorders Counselors, Social Worker and Case Manager, as well as overnight night and weekend staff. Program services include: substance use disorders assessment; substance use disorders groups (Intensive Treatment; Symptom Management, Stages of Change, Relapse Prevention and Weekend Plan); Individual substance use disorders counseling; Cognitive Interventions; Family and Relationships; Parenting; Child Visit Program; Trauma Education/Support; Anger Management; Basic Living Skills; Case Management (including housing, vocational, budgeting, health, mental health, independent living skills, discharge planning); Recreation; Community Referrals (including for physical or sexual assault and domestic violence); and Continuing Care Group. The program uses a stage process under which residents earn increasing privileges as they satisfy program requirements and individualized treatment plan goals.



# AGENCY BOARD OF DIRECTORS

Amy Bruchs, Board Chairperson  
Michael, Best & Fredrich

Karen Kinsey, President & CEO  
ARC Community Services, Inc.

Michel Kopplin, Board Secretary/Treasurer  
Compliance Manager

Gerald Mowris, Board Member  
Retired Attorney at Law



# AGENCY ADVISORY COMMITTEE

## OUTPATIENT

Julie A. Ahnen  
Dane County  
CPS Manager

Cheryl Casey Grant  
BadgerCare Plus  
Outreach Program Specialist

Sara Flugum  
RISE  
Director of Early Childhood Programs

Daniel Stattelmann-Scanlan  
Public Health Madison-Dane County  
Nursing Supervisor

Traci Stewart  
WI Voices for Recovery  
Liaison Event Coordinator

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# **CHIEF ADMINISTRATIVE & PROGRAM STAFF**

**Karen Kinsey**  
**President/Chief Executive Officer**

**Robin Ryan**  
**Chief Operating Officer**

**Norman Briggs**  
**Director of Addiction Services**

**Tracy Banks-Geiger**  
**Director of Women's Residential Treatment**

**Jan Miyasaki**  
**Director of Victim Services**

**Linda Van Tol**  
**Residential Substance Use Disorder Prog. Coord., Training Coord., MA RSUD Supervisor**

**Laura Fabick, Program Manager – ARC Outpatient Services**

**Colleen Carroll, Program Manager – ARC House**

**Jan Battle, Program Manager – ARC Dayton**

**Sarah Williams, Program Manager – ARC Maternal & Infant Program**

**Tania Rhoads, Program Manager – ARC Fond du Lac**

**Shereese Clark, Acting Program Manager – ARC Milwaukee Women's Program**

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# AGENCY STAFF COMMITTEE INVOLVEMENT

## STATEWIDE ORGANIZATIONS

State Council on Alcohol and Other Drug Abuse  
State Council on Alcohol and Other Drug Abuse – Intervention & Treatment Committee  
State Council on Alcohol and Other Drug Abuse – Planning & Funding Committee  
State Council on Alcohol and Other Drug Abuse – Mental Health & Substance Abuse Needs Assessment Committee  
Criminal Justice Committee of the Mental Health Council  
UW Stevens Point/Diversion of Mental Health and Substance Abuse Services  
Mental Health & Substance Use Disorder Training Conference Planning Committee, Chair  
Wisconsin Trauma-Informed Care, Advisory Committee  
Anti-Human Trafficking Task Force – US Federal Western District  
Wisconsin Council on Community Corrections  
Wisconsin Nicotine Treatment Integration Project, Advisory Committee  
Great Lakes Addiction Technology Transfer Center, WI Local Advisory Committee  
International Community Corrections Association  
Wisconsin Coalition Against Sexual Assault  
Wisconsin Anti-Human Trafficking Consortium  
Wisconsin Alliance for Infant Mental Health  
Fostering Futures: WI Department of Corrections Trauma-Informed Care Implementation Team  
Southeastern Wisconsin Pre-Natal Care Coordination Work Group

## COUNTY ORGANIZATIONS

Recovery Coalition of Dane County  
Fond du Lac Coordinated Community Response Against Violence  
Fond du Lac Drug Free Communities  
Light Up the Night Committee  
UW Oshkosh Social Work Program Community Advisory Committee  
Fond du Lac County Mental Health/AODA Advisory Committee  
Dane County Recovery Coalition Executive Committee  
Dane County FASD Task Force  
Dane County Commission on Sensitive Crimes  
Dane County Safe Sleep Initiative  
Dane County Fetal and Infant Mortality Review Committee  
Southern Region PNCC Work Group  
Parent Addiction Network of Safe Community Advisory Committee  
Community Coordinated Response Committee

## A SPECIAL THANK YOU

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Thank you to our friends at  
**TRICOR INSURANCE**  
for keeping the women & children of ARC in their thoughts and  
hearts!



# THE GIFT OF GIVING

## 2022 DONORS

### BUSINESSES

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Service League

Blackhawk Church  
Zonta  
Roots & Wings  
Land's End  
Ruby's Pantry  
Festival Foods

### INDIVIDUALS

Karen Pichler  
Melissa Witte  
Tara Ingalls  
Julie Yearling  
Tanya Lettman-Shue  
Renee Sutkay  
Frances Lee-Edwards  
Amy Callahan  
Teresa Hellanbrand  
Diane Hanson  
Maureen Miner  
Javier Guzman  
Patty Koestler  
Vicki Kinney  
Renee Alme



# GETTING INVOLVED IN ARC

## VOLUNTEER

You can offer your time and talents to the agency or a specific program.

## DONATE

Donate materials or gifts in-kind needed by our mothers and children to furnish their homes, clothe their infants and help them rebuild their lives. Make a tax-deductible financial gift or pledge that allows ARC to address the needs of high-risk mothers and their families.

## ADVOCATE

Learn about the issues that impact our women's lives and share this information. Invite our staff to give informational talks about the issues in our women and children's lives. Connect ARC to community leaders, funding sources or foundations.

## VISIT

Schedule a tour of ARC's programs to learn more about our services  
Call (608) 278-2300 or visit our Website [www.arccommserv.com](http://www.arccommserv.com)  
for more information



# ARC Community Services, Inc.

2001 W. Beltline Highway  
Suite 102  
Madison WI 53713

Phone: (608) 278-2300  
Fax: (608) 278-2313

Web: [www.arccommserv.com](http://www.arccommserv.com)

ARC Community Services, Inc.  
gives admission priority to  
pregnant women

ARC Community Services, Inc.  
provides an equal  
opportunity in employment and  
service.

*ARC would like to  
thank funders, donors,  
volunteers and  
community partners  
that make our  
services to improve  
the lives of women  
and their families  
possible.*

